

CareLink Resource Development Center

26 Amherst St * PO Box 1389 * Sanford, ME 04073
(207) 324-0735 / (888) 917-1100 (Toll Free in York County Only)
www.carelinkrdc.com

Printer Friendly Mini Resource List

Sliding Fee Scale Child Care

Sliding fee scale childcare slots are similar to the State Voucher program.
They are based on income eligibility.

Title XX Sliding Fee Scale slots may be available
at the following child care centers:

Biddeford – St Louis Child Care – 282-3790
Kittery – The Children’s Center – 439-6414
Sanford – The Children’s Center – 324-6025
The Children’s Center Wraparound – 324-6025

York County Community Action

York County Community Action Corporation provides a variety of services to low-income, elderly and disabled residents, including transportation, Head Start, WIC/Nutrition Counseling, outreach, information and referrals, weatherization, and fuel assistance.

Biddeford – 283-2402
Sanford- 324-5762
Kittery – 439-3600

York County Shelters

324-1137

Maine State Housing Authority

Provides information and referral on low-income rental housing, emergency shelter, sources of financial aid and assistance with state consumer housing laws.

Augusta

800-452-4668

Biddeford Housing Authority

282-6537

Sanford Housing Authority

324-6747

American Red Cross

Volunteers and staff provide relief to families hard hit by fire, floods, winter storms and other natural disasters.

283-8579

Salvation Army

Offers material assistance (food, clothing, hygiene, etc)
to those in need.

Sanford 324-3134

OOB 934-4381 (Biddeford/Saco/OOB only)

\Operation Blessing

Provides assistance to families in crisis by offering food, clothing, furniture, and household necessities.

603-430-8561

Biddeford Free Clinic

Treats individuals who are not Medicare/ Medicaid eligible and are without health insurance.

Monday & Thursday 6-9 pm

189 Alfred St * Biddeford

282-1138

York County Community Health Care

Sliding Fee Scale

Monday—Friday

South Sanford across from Dunkin Donuts

490-6900

York County Dental Clinic

Sliding Fee Scale / Medicaid Accepted

Kimball Health Center

Lincoln St * Saco

282-1305

Sanford/Springvale Dental Health Clinic

Sliding Fee Scale / Medicaid Accepted

Sunset Towers

277 Main St * Sanford

324-5508

Food Banks

Acton Acton Ecumenical FP 636-3768 The Covenant Baptist FP 477-8734	Limerick Morning Star Ministries-FP 793-8444 St. Matthew's FP 793-2244 Limington Limington Congregational FP 637-2061
Berwick Family Christian Center (Dine) 698-1440 Family Christian Center (Help) 698-1440 Table of Plenty - Berwick (603) 767-2319	Lyman Lyman-Dayton Community FP 229-1256
Biddeford Bon Appetit Meal Program 283-0380 First Apostolic Church – Biddeford 284-2032 New Beginnings Christian Mission 324-3374	North Berwick New Covenant Baptist Church 676-3332
Buxton Buxton Community Cupboard 637-2135	Saco Saco FP 468-1305
Hollis Center Hollis Center Baptist FP 929-4711	Sanford Corner Cupboard (UU Church) 324-3191 Salvation Army - Sanford 324-3134
Kennebunk Church Community FP - Kennebunk 967-3613	Waterboro Food for Life - St Stephen's 247-6458
Kittery Footprints FP 439-4673	Wells St. Mary's Ecumenical FP - Wells 646-5605
	York York Community FP 351-1928

General Assistance

General Assistance is a program administered through municipalities, which purchases basic necessities for individuals who are without the means to pay for such services.

Acton	636-3839
Alfred	324-5872
Arundel	985-7523
Berwick	698-1101
Biddeford	284-9514
Buxton	929-5191
Cornish	625-4324
Dayton	499-7526
Eliot	439-1813
Hiram	625-4663
Hollis	929-8552
Kennebunk	985-3786
Kennebunkport	967-4243
Kittery	439-1633
Lebanon	457-1171
Limerick	793-2252
Limington	637-2171
Lyman	499-7562
Newfield	793-4348
No Berwick	676-3353
Ogunquit	646-5139
OOB	934-5714
Parsonsfield	625-4558
Saco	282-8206
Sanford	324-9110
Shapleigh	636-2844
So Berwick	384-2263
Waterboro	247-3166
Wells	646-5113
York	363-1003

Additional Resources

Southern Maine Parent Awareness
324-2337

Southern Maine Agency on Aging
396-6500

Alpha Pregnancy Help Center
324 – 5752

Good Shepard Food Bank
351-1928

Big Brothers Big Sisters
773-5437

Day One Substance Abuse Services
767-0995

Caring Unlimited
324-1802 or (800) 239-7298

Planned Parenthood of NNH
324-9385

Parent Resource Center
324-1371

Maine Parent Federation
623-2114
or (800) 870-7746

United Way of York County
985-3359